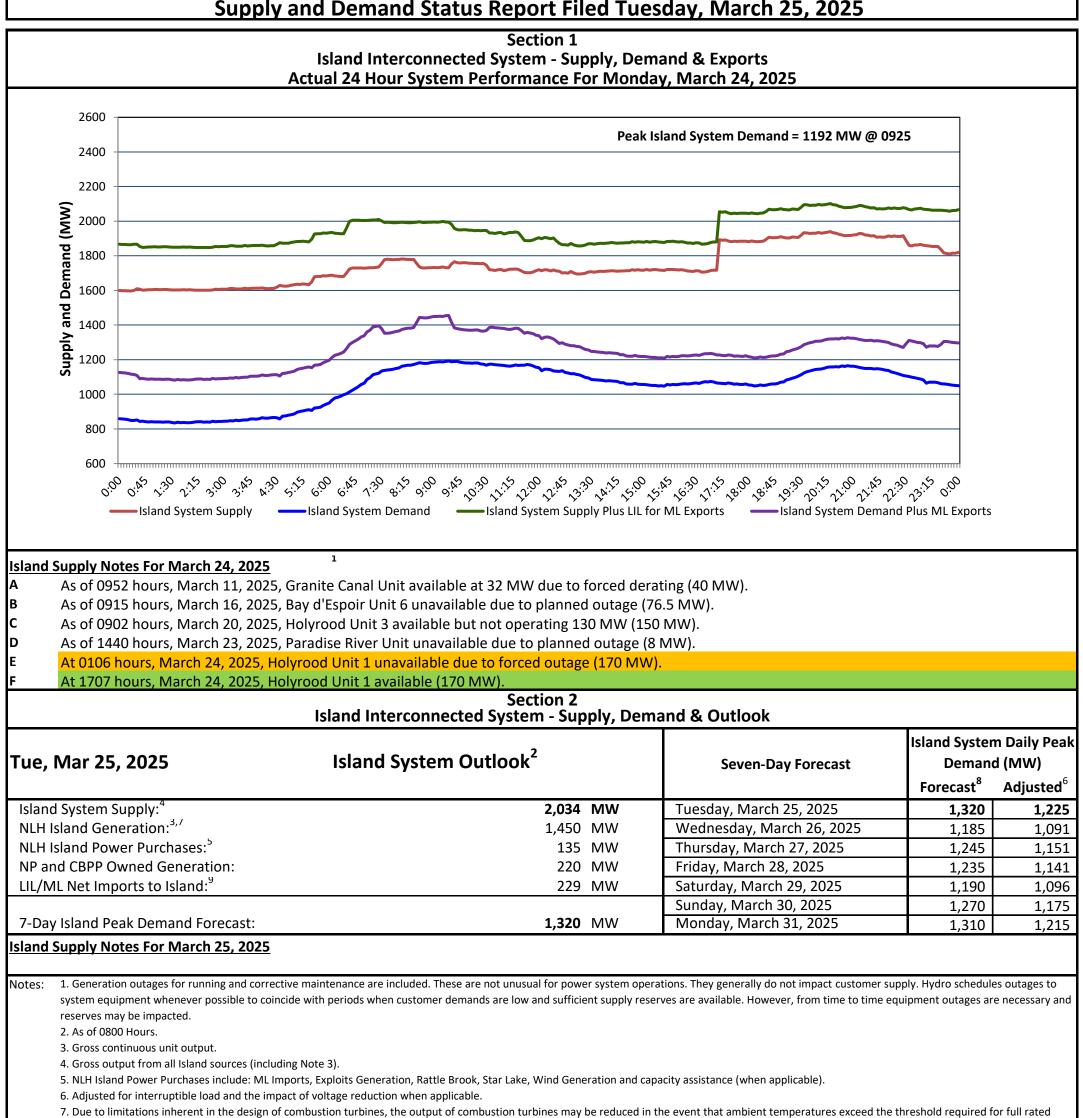
## Newfoundland Labrador Hydro (NLH) Supply and Demand Status Report Filed Tuesday, March 25, 2025



output. This threshold is dependent on the design of each turbine.

8. Does not include ML Exports.

9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

Section 3 Island Peak Demand and Exports Information Previous Day Actual Peak and Current Day Forecast Peak			
Mon, Mar 24, 2025	Island Peak Demand <sup>10</sup>	9:25	1,192 MW
	Exports at Peak		263 MW
	LIL Net Imports to Island		2,180 MWh
Tue, Mar 25, 2025	Forecast Island Peak Demand		1,320 MW
Notes: 10. Island Demand is supplied b Power, DLP).	y NLH generation and purchases, LIL Imports plus generation owned and operation owned and operation owned and operation of the second	ated by Newfoundland Power and Corner Br	ook Pulp & Paper (Deer Lake